



VILLAGE DESPATCH

Summer 2009

ER Y.A.C.



Pictured from left to right:
Liz La Delfa & Chelsea Seward

EAST ROCHESTER YOUTH ACTIVITY CENTER

Chelsea (ER High School Graduate) and Liz (Center Supervisor & College Student) WON another YAR (Youth As Resources) Grant for \$1,000.00, CONGRATULATIONS ladies. The grant which they wrote with input from area youth will fund a "Block Party for Cancer". This event will take place the end of July, or beginning of August. If you are interested in working with the committee, please call the East Rochester Youth Activity Center to get information on the planning meetings schedule 586-1003.

- Mayor
Jason Koon
- Deputy Mayor
John Alfieri
- Trustees
Mike Flanigan
Mark Florack
Andrew Serrano
- Administrator
Martin G. D'Ambrose
- Clerk-Treasurer
Ray Parrotta

Upcoming Dates

- Public Forum 7:30 pm
July 9, Aug. 6, Sept. 10
- Business Meeting 7:30 pm
July 13, Aug. 10, Sept. 14
- Planning Board* 7:00 pm
July 14, Aug. 11, Sept. 8
- Zoning Board* 7:00 pm
July 21, Aug. 18, Sept. 15

* You must have a pending application and be on the agenda to participate.

How to Reach Us

Village of East Rochester
120 West Commercial St
East Rochester, NY 14445

Office Hours
8:30 am to 4:30 pm
Monday through Friday

Department of
Motor Vehicles visits
every Wednesday
10:00 am to 3:30 pm

Phone 586-3553
Fax 586-4792
www.eastrochester.org

The Next Two Bulk
refuse pickup weeks

August 3-7, 2009

October 5-9, 2009

GreenER 2009

A sunny June day was the background for Clean Sweep ER when 30 adults and youth cleaned East Rochester block by block. Children and adults alike were treated to pizza, cookies and plenty of cold drinks provided by the Village. Meanwhile, in the Village Office parking lot, Green ER collected empty prescription bottles for Africa, pop bottles for the cheerleaders, cell phones for soldiers, old greeting cards and other larger electronics for recycling. Please contact Janice Bauman at 387-8911 if you would like to find out more information or to volunteer.



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E.R. Community Resource Center

Research has shown that the Rochester area has more than its share of altruistic behavior, and East Rochester sets an excellent example of this. In the 2008 fiscal year, the East Rochester Community Resource Center has helped over 698 families, including 1085 children and 971 adults. This assistance has ranged from food to RGE intervention, from helping students achieve their GED dreams to getting patients to and from their doctor appointments.

An anonymous donor has also offered to sponsor children for the Vacation Bible School program in August. Sign up is required by July 15. Please call 586-0525 to make arrangements.

ERCRC is not just for financial help. The Center also provides information regarding other programs in the area and helps untangle red tape with government agencies.

At the end of August, the Resource Center will hold their semi-annual clothing sale, so watch out for great deals!

E. R. Farmer's Market May thru November

Every Sunday from 8:00 am—1:00 pm, come to Techni-plex parking lot and find the freshest fruits and veggies as well as locally produced breads, pastries, fudge, preserves and other farm stand staples.

Organizer Diane Steeley has brought in a variety of vendors and many farms with a wide range of specialty produce. She urges people to come down and buy the freshest produce, locally grown, at very reasonable prices.



East Rochester Youth Activity Center

**Congratulations Chelsea Seward
for winning the 2009 Young Citizen of the Year
Award.**

Chelsea received this award on June 11th, presented by the Rochester Monroe County Youth Board. She was honored for her outstanding service to her Community. Thank you Chelsea for your hard work and commitment to our community.

We have updated the Center. We received a \$500.00 ACT Grant to fund these upgrades. **Also, Thank you to The Home Depot for donating paint and Stephen Cicero of Stephen's Flooring for the donation and installation of carpet.** We have painted the Center with bright colors, and added hand prints and a mural to the wall. Youth have been actively involved in this process, STOP IN AND CHECK US OUT, after mid July. Center hours are Monday, Wednesday and Friday 3:00 pm-7:00 pm.

The Summer is here. We will have 20-25 youth working in Village and School Departments also in area businesses. If you see our Youth doing a good job, let them know you see their hard work.

HEALTHY YOUTH HEALTHY COMMUNITY

If you have interest serving on the Board of Directors please call Deb DiNatale at 385-5890. Both youth and Adult members are needed.

Visit the New Village Web Site

The Village Web site has now been active for just over a month. We would again like to thank village resident Erick Ovando for spearheading this important project. The village staff continues to update and add to the site on a daily basis. We will soon be adding the annual budget information and minutes from the monthly board meetings. The Channel 12 link feature is now active as well as the New Video Tour Book. Please bookmark this site as a favorite or set the village web site as your default, www.eastrochester.org. If you have questions, please use the **Contact Us** section on the main page.

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E. R. Public Library Activities

The East Rochester Public Library is gearing up for the Summer Reading Program. This year's theme will be "Be Creative at Your Library". Miss Nancy is putting the finishing touches on her programs. They will include the following special programming for the months of July and August, with the Free Kick-Off Program, Tales 'n Tunes, on Tuesday, June 23rd at 3:30pm. Register for summer program at this time. Summer reading program officially begins July 6th.

STORY TIMES:

Babies' Fun Time:

Monday Mornings (July 20, 27 and Aug 3) at 9:45am

Drop-In Story Time for Ages 5-7

Monday afternoons (July 20, 27 and Aug 3) at 3:15pm

Drop-In Story Time for Ages 2-4

Thursday mornings (July 23, 30 and Aug 6) at 10:30am

FRIDAY FREE EVENTS:

July 24- **BRUCE WEAVER & FRIENDS**-Magic and Puppets 2:00-2:45pm

July 31- **BE CREATIVE AT YOUR LIBRARY**- Arts and Crafts 2:00-3:00pm

Aug 07- **ICE CREAM SOCIAL** 2:00-3:00pm

For the Adults:

Book Discussion Group, Third Thursday of the month at 7:00pm, Jean Daniel Senior Center

July - *Loving Frank* by Nancy Horan

August - *Skeletons at the Feast: A Novel* by Chris Bohjalian

September - *Change of Heart*: by Jodi Piccoul

Looking ahead, the Friends of the East Rochester Public Library will be holding the second annual "Country Day" on Saturday, September 26th, 2009, from 11am- 2pm. The event will include a free concert by JB & Co, crafts, games, food and face painting for the kids.

E.R. Fireman's Update

Annual Chicken Barbeque 2009 Location Change:

Due to the construction that will be taking place at the School, the annual Firemen's Chicken BBQ will **NOT** be held at the ER School cafeteria this Year.

We will be holding the BBQ at the Fire Station, 415 Main St., on Thurs. July 23, 2009 .Time to be announced.

SAVE THE DATE July 22-25, 2009 E.R. Fire Department Field Days & Karnocker 5K Race to be held 7-24-2009 at 7:00 pm ER High School



E.R.VAC

SWINE FLU (H1N1) UPDATE

According to county officials, this is not a pandemic. That word is being used inaccurately. There is no need to avoid congregating. There is no need to close schools. There is no need for anyone to wear masks out in public.

Tips for Protecting Yourself Against Swine Flu:

- Cover your nose and mouth with a tissue when sneezing or coughing. Throw the tissue away after using it.
- Wash your hands often with soap and water, especially after sneezing and coughing. Alcohol based hand sanitizers are also effective.
- Avoid touching your eyes, nose or mouth.
- Try to avoid close contact with people who are ill.
- If you do become sick with swine flu, stay home from work or school and limit your contact with others to keep from infecting them.
- Try to stay in good general health, get plenty of sleep, be physically active, manage stress, drink plenty of fluids and eat nutritious food. Try not to touch surfaces that may be contaminated with the flu virus.

Symptoms are similar to those of regular flu. If you live in an area where swine flu has been identified and you become ill with influenza-like symptoms, contact your healthcare provider. They can determine whether influenza testing or treatment is necessary. There are two medications available to treat swine flu and are most effective when they are used within 2 days of showing symptoms.

WHAT IS AN EMERGENCY?

The first thing you should do in an emergency is take stock of the situation. It is probably an emergency if you think the condition could result in death or serious medical complications. Some types of emergencies are chest pain with shortness of breath, serious or severe injuries, burns, electrical shock, broken bones, uncontrolled bleeding, seizure, unconsciousness, amputation or poisoning. For any of these you should immediately call 911 or visit your nearest emergency room.

Other situations are not life threatening but may require immediate attention. Examples of these types of situations might be an illness you might see your regular doctor for, minor cuts and burns, strains and sprains, removal of foreign bodies in the eye or high fevers. For any of these conditions, consider the services of an Urgent Care facility.

In any situation, try calling your doctor first. Emergency rooms are your best choice for life's **worst** medical situations. But if you don't have a serious life threatening condition, an urgent care center will likely save you money and time and leave the emergency room free to handle more serious situations. Below are two of the closest urgent care centers to East Rochester.

Eastside Medical Urgent Care 2226 Penfield Rd. Penfield 388-5280

Immediate Care East 1600 Moseley Road Fairport 398-1275

VILLAGE DESPATCH

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E. R. VAC continued

NEIGHBORS HELPING NEIGHBORS

The East Rochester Volunteer Ambulance Corps is in need of your help so that we

may continue to provide our community with the best pre-hospital medical care available. We currently have two different types of memberships available:

- ♦ Running Active Member – this member may become a driver or EMT/first medic and must be able to fulfill a minimum monthly requirement of 24 hours.
- ♦ Auxiliary Affiliate - an applicant who is currently a member of any emergency services agency. This member may be a driver or medic and must be able to fulfill a minimum monthly requirement of 12 hours. All training, uniforms and equipment are provided.

For more information on the privileges and responsibilities of these two memberships or to make arrangements to visit our base, please call 585-5723 and leave your name and number. We will contact you to discuss this rewarding experience. We also offer an Explorer Post for young adults ages 14-21. If your interested in joining please call 586-5723.

FUND DRIVE

Please support your 100% volunteer East Rochester Ambulance Corps annual fund drive currently in progress. Mail in your response today. We thank you for your support.

Business of the Month **Metro East Pharmacy**

When Metro Health East opened its doors in March, many village officials were there to welcome the newest pharmacy and staff to East Rochester. Mayor Jason Koon cut the ceremonial ribbon while Mr. Chettra Thapa looked on.

Thapa, who has a doctorate in pharmacology from the Ontario College of Pharmacy, says "East Rochester is very underserved as far as health care is concerned" and he wants to change that. A modern computer system to prevent dangerous drug interactions and personal service, including helping customers organize their medications and pickup and delivery of prescriptions, are just the beginning of serving the Village's needs. Thapa is experienced in many medical fields, ranging from pediatrics to geriatrics and chemotherapy to hygiene. Trustee Mark Florack likened the atmosphere at Metro Health East as a "throw-back to old fashioned family drugstore" that will be very "helpful especially for our seasoned citizens".

Located at 153 West Commercial Street, Metro Health East is small in size but their vision is grand. Thapa explained that his goal is to be "high tech in processing prescriptions" but "low tech in customer service". Operating hours are Monday through Friday, 9 am to 7 pm and Saturday 9 - 2. However, assistance is available by phone anytime of the day or night. Just call B: 662-5562 and enjoy the kind of personal service Metro Health East offers.

Music & Arts Summer Entertainment Series **Edmund Lyon Park**

Wednesday 7:00 PM Concert "Kickin Back"
July 29

Friday Dusk Movie TBA
July 31

Wednesday 7:00 PM Concert "Its My Party"
August 12

Wednesday 7:00 PM Concert "Ross Ciri Trio"
August 26

Friday Dusk Movie TBA
August 28

Wednesday 7:00 PM Concert "Froth"
September 18

Food and Beverage Available

East Rochester Senior Citizens Events

Skaneateles will be the destination for our Day Tour on Monday, July 13. Members will have the first opportunity, but others are welcome to attend if space is available. We will be passengers on the traditional mail boat that delivers mail to the summer residents along the 32 mile Skaneateles Lake shoreline. We will have time to browse and shop in the village, and partake of a sit-down dinner at historic Sherwood Inn. Skaneateles is a community of rare charm, with lovely old homes, quaint shops and galleries. Advance registration is required. Cost is \$80 per person.

Pinewood Derby car workshops will be held July 15th and the 29th at 1:30 pm. The race will be held in September. For more information call Jean Daniel at 385-3643.

East Rochester Rotary

The Village Board would like to again this year Thank the East Rochester Rotary for the Donation of hanging flower baskets located in the Main and Commercial Business Districts.

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Department of Public Works FAQ's

Garbage pick up questions and answers:



When can I put garbage out for collection? Your weekly trash should be placed at the curb no earlier than noon the day before your pick up day, and no later than 7:00 am the day of your pickup day.

What is the proper way to put out garbage for collection? All garbage should be properly containerized. Garbage cans can be no larger than 35 gallons, and cannot exceed 50 pounds per can, or plastic trash bags can be used, and cannot exceed 50 pounds per bag. Please do not place any items at the curb for pick up that are not properly containerized. Loose material is unsightly, and reduces the efficiency of our collection.

What do I do if my garbage was not picked up? First check to see if a yellow sticker was left on your can or bag. This sticker will explain why your items were left. We will not pick up illegal cans or bags for safety reasons. If there is a yellow sticker, please resolve the problem and call for a pick up. If there is not a yellow sticker, it is possible that it was put out after we came by, or we missed it. Please call us and we will return.

What types of items am I allowed to put out for pick up? Your weekly garbage pick up is for the trash you generate in a normal week. Simply stated, any item that you do not normally put at the curb every week, is considered bulk, and could result in a special pick up fee. Some of these items are: carpet, mattresses and bedding, furniture, wood debris, concrete, blacktop, dirt, sod, computers, large and small appliances, construction or demolition material. Household and outdoor chemicals, paints, cleaners, degreasers, or any other hazardous waste are not allowed at any time.

Can I call to arrange for a special pick up or do I have to wait for bulk week? You can call any time to arrange for either a special pick up, or to find out what other options are available to you.

Recycling pick up questions and answers:

When can I put out my recycling box for collection? The same rules for garbage pick up apply for your recycling pick up.

What can I put out for recycling? You can recycle all glass, plastic, and metal containers. These items should be rinsed out before recycling. All paper items can also be recycled. Cardboard can also be recycled, but has to be no larger than 2 feet by 4 feet. Any item that contained food can be recycled as long as there are no food particles remaining on the item.

What is the proper way to put out my recycling? Your recycling box should only contain recyclable items. Please do not mix in any non-recyclable items. All items should be properly rinsed, if necessary. We request that all paper items

This eliminates the chance of the papers blowing away, and makes it more efficient for us to separate when we collect your recycling.

What do I do if my recycling was not picked up? First check to see if a yellow sticker was left on your recycling box. This sticker will tell you why we did not pick up your recycling. If there is a yellow sticker, please correct the problem and call us to return for your pick up. If there is not a yellow sticker, then it is possible it was put out after we came by, or we missed it. Please call us and we will return.

Why do I have only one recycling box? There is no rule that says you can only have one recycling box. If you have two boxes, please separate the paper products in one box, and the containers in the other, and place the box with the containers on top of the box with the papers. This will eliminate the papers from blowing away, and help us be more efficient with our collection.

How do I get another recycling box? Recycling boxes are available at the Village Office. You can purchase them from us at the same price we pay, or you can buy your own from any department store.

Bulk pick up questions and answers:

What is bulk pick up week? Bulk pick up week is when you are allowed to put at the curb the items that are not allowed during your normal garbage collection. Please, at no time is any contractor's debris allowed. All contractors should remove their own debris. Some of the bulk items are: appliances, furniture, carpet, concrete, and many other items. Please call us if you are not sure what bulk items are.

When is bulk pick up week? Bulk pick up week is the first full week of the even months only, on your regular scheduled garbage day. We will only pick up your bulk on your regular scheduled garbage day.

When can I put out bulk pick up items? Bulk items can be put out no earlier than the Saturday prior to bulk pick up week. We allow this because we understand that there is not enough time for some people to put bulk items out the night before their regular pick up day. Only bulk items are allowed to be out before your regular schedule garbage collection day. Please do not put out any normal garbage with your bulk, as you could be charged a fee for the garbage items.

How should I put my bulk items out for pick up? All bulk items should be kept separate whenever possible. All metal items should be in a separate pile, all wood items should be in a separate pile, all concrete, blacktop, stone, and dirt should be in a separate pile. There should be no garbage mixed with any bulk items at any time. We pick all types of bulk items separately for recycling, and these facilities do not allow different types of material to be mixed together. Please do not mix these items, as you could be assessed a fee for the unnecessary time we spend separating your items. Keeping item separate allows us to get all items pick up in a safe and efficient manner.

What if I have too much bulk to fit on my yard? Please call us if you are going to have an excessive amount of bulk items so we can make other arrangements with you to have everything removed, and to discuss other options that are available to you.

VILLAGE DESPATCH

The Newsletter of the Village of East Rochester, New York

E.R. Police Department

“Use Your Head Protect Your Head”

One of the fastest growing leisure activities is bike riding. Whether young or old, whether you ride for exercise, with neighborhood friends, or as families, bicycles provide a healthy way to spend your free time.

However, bike riding can be a dangerous activity if the rules and laws that have been established to protect you are not obeyed. Basic traffic safety rules pertain to bicyclists, just as they do for automobile drivers. We would like to urge everyone to follow the rules, and use proper safety equipment that will help to insure safe, fun riding.

Serious accidents even happen to the most careful and experienced riders. Did you know that 75 percent of all deaths from bicycle accidents are due to head injury? New laws have been passed requiring children under the age of fourteen to wear helmets when they are riding. The East Rochester Police Department believes that wearing a bike helmet is a wise choice for bicyclists of any age. Please, “Use Your Head, Protect Your Head”.

The East Rochester Police Department Bicycle Patrol Unit will be riding the village streets during the summer months helping to educate bicyclists as well as enforcing bicycle safety rules. We will also be hosting our annual Bike Rodeo in August. This has been one of the most successful events in the village. Bicycle patrol officers will personally inspect every bicycle, register every bicycle with our police department and demonstrate proper hand signals and teach rules of the road. We will end the day with several raffles that include winning a boys and girls bicycle as well as giving away many other bicycle safety items. Last but not least every participant will enjoy a complimentary hot-dog and drink.

If you have any other questions pertaining to bicycle safety please do not hesitate in contacting us or better yet, stop by the police department to speak with one of our officers.



Curfew Ordinance Reminder

On May 13th 1996 the Board of Trustees adopted a curfew law when it was apparent that more minors were being involved in a wide range of unacceptable conduct, including vandalism, noisy, rowdy and disturbing behavior, breaking and entering, public drinking, littering and harassment of town/village residents. Since the ordinance was placed in effect a noticeable decrease in incidents such as these were noticed.

Now that warm weather is here the East Rochester Police Department will once again be strictly enforcing the curfew ordinance. The curfew ordinance established for minors' states the following:

It shall be unlawful and a violation of this chapter for a minor to be or loiter in, on or upon a public place within the town/village between the following hours:

- A. Beginning at 11:00pm on Friday and Saturday nights and extending until 5:00am on the following day
- B. Beginning at 10:00pm on all other nights and extending until 5:00am on the following day.

A minor in a public place during the curfew hours shall not be considered in violation of this chapter under the following circumstances:

- When the minor is accompanied by a parent of such minor
- When the minor is accompanied by an adult authorized by a parent of such minor (see village ordinance for further details)
- When the minor is on the sidewalk or property where the minor resides or on either side of or across the street from the place where the minor resides and the adult owner or resident of that property has given permission for the minor to be there
- When the minor is engaged in or traveling to or from a place of employment

Park Hours

Please be aware of park hours! All parks in the village/town of East Rochester close at 10:00pm and will reopen at 5:00am the following day except when prior authorization has been granted by the Superintendent of Public Works. These are set forth for your safety! Officers from our department strictly enforce this ordinance and will be very visible during these hours in patrol cars and police bicycles.

From all of us at the East Rochester Police Department, please have a safe and fun summer.

PLEASE HELP US WATCH YOUR CHILDREN!